

Communication board for expressing emotions

AAC Tool

Material needed:

- Cards with illustrations of emotions (happiness, sadness, anger, fear, loneliness, pride)
- Cards with pictures of social situations and reactions (e.g. What to do when someone is sad?)
- Communication board with symbols for basic needs (food, drink, rest, hugs, conversation, play)
- Dolls or stuffed toys of characters from the story (The Ugly Duckling, swans, other animals)
- Mirror for recognising facial expressions and reflecting on one's own emotions

Key competence: daily life skills

GENERAL OBJECTIVES

Using visual symbols, children can more easily recognise and name their own feelings, express needs, and learn how to respond positively in everyday situations. Linked to the story *The Ugly Duckling*, the board allows for the connection of literature with children's real-life experiences, encouraging compassion, security, and problem-solving skills.

HOW TO CREATE IT

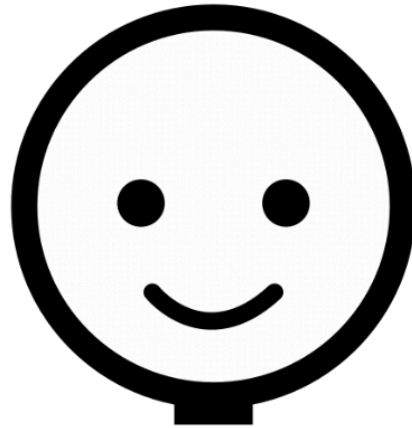
The communication board is used in activities that talk about emotions, friendship, personal needs, and social interactions. When the Ugly Duckling's feelings are discussed during the story, children use symbols to choose the emotion they recognise. In discussions about behaviour and relationships, they can choose appropriate responses ("Give a hug," "Ask if they need help"). During role-play, the board helps children express what their character is feeling or needs.



Emotion cards



pride



happiness



fear



sadness



anger

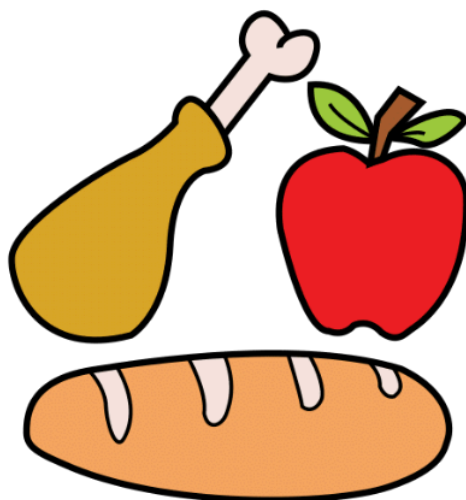


loneliness

Pictograms for basic needs



hug



food



drink



rest



conversation



game

YES/NO CARDS



yes



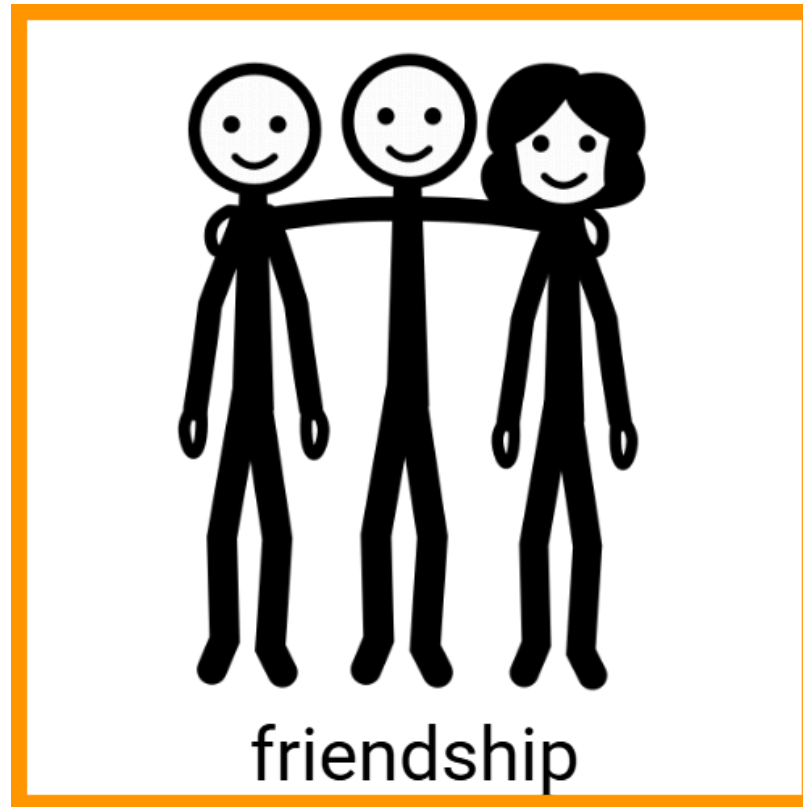
no

Cards of social situations and reactions

What will you do when someone is sad?



How to show friendship?



What will you do if you see that your friend is hungry?



How can a friend help you when you're feeling sad?



How do you feel when you help a friend?

